

Virtual Trainer Application

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Personal Training System/Service developed to encourage and promote people from any age to do exercises and physical activity everytime and everywhere, by using personal programs in an immersive environment with high level of motivation and comfortable experiences.

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Creating personal and dynamic training programs for every user, based on the intelligent monitorization of the biomedical signals and real-time retro-feeding during the exercise, and supporting continuity in the maintenance of the physical form and the sensation of protection and health within a long time.

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People from 25 to 65 years old integrated into the XXI Century TIC Society, urban professionals with a great level of activity where the time supposes a huge value active. People with a great sense of their own look and desire to look and feel good without forgetting to take care of the health.

